



# 33rd ANNUAL JIMMY CRANNY MEMORIAL MEET

GALWAY SWIMMING CLUB

Level Three Licensed Meet  
License Number 12C-23/24-C2012

Saturday 9 March 2024  
University of Limerick

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## EVENT INFORMATION AND ENTRY PACK

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Closing Date  
Friday 23 February 2024

# Programme of Events

## SESSION ONE

WARM-UP 12:00 COMPETITION 13:00

Event 1	400 Freestyle Female	8 HEATS
Event 2	400 Freestyle Male	8 HEATS
Event 3	200 Breaststroke Female	8 HEATS
Event 4	200 Breaststroke Male	8 HEATS
Event 5	100 Freestyle Female	12 HEATS
Event 6	100 Freestyle Male	12 HEATS
Event 7	50 Butterfly Female	4 HEATS
Event 8	50 Butterfly Male	4 HEATS
Event 9	200 Backstroke Female	8 HEATS
Event 10	200 Backstroke Male	8 HEATS
Event 11	50 Breaststroke Female	4 HEATS
Event 12	50 Breaststroke Male	4 HEATS
Event 13	100 Butterfly Female	10 HEATS
Event 14	100 Butterfly Male	10 HEATS

## SESSION TWO

WARM-UP 15:30 COMPETITION 16:30

Event 15	200 IM Female	10 HEATS
Event 16	200 IM Male	10 HEATS
Event 17	50 Backstroke Female	4 HEATS
Event 18	50 Backstroke Male	4 HEATS
Event 19	100 Breaststroke Female	10 HEATS
Event 20	100 Breaststroke Male	10 HEATS
Event 21	200 Freestyle Female	12 HEATS
Event 22	200 Freestyle Male	12 HEATS
Event 23	100 Backstroke Female	10 HEATS
Event 24	100 Backstroke Male	10 HEATS
Event 25	200 Butterfly Female	8 HEATS
Event 26	200 Butterfly Male	8 HEATS
Event 27	50 Freestyle Female	16 HEATS
Event 28	50 Freestyle Male	16 HEATS

# Consideration Times

## Female (Long Course)

	<b>10-12</b> <i>(2012/14)</i>	<b>13-14</b> <i>(2010/11)</i>	<b>15-16</b> <i>(2008/09)</i>	<b>17+</b> <i>(2007+)</i>
<b>50 Free</b>	36.80	34.80	33.30	32
<b>100 Free</b>	1:21	1:13	1:10	1:09
<b>200 Free</b>	3:00	2:45	2:35	2:30
<b>400 Free</b>	6:00	5:45	5:30	5:15
<b>50 Back</b>	N/A	N/A	37.5	36.5
<b>100 Back</b>	1:35	1:25	1:20.50	1:17.50
<b>200 Back</b>	3:25	3:15	3:00	2:50
<b>50 Breast</b>	N/A	N/A	40.50	39.50
<b>100 Breast</b>	1:48	1:40	1:38	1:36
<b>200 Breast</b>	4:00	3:45	3:30	3:25
<b>50 Fly</b>	N/A	N/A	36.50	35.50
<b>100 Fly</b>	1:45.50	1:35.50	1:32	1:28
<b>200 Fly</b>	3:40	3:30.50	3:20	3:15.50
<b>200 IM</b>	3:25	3:15.50	3:05	3:00

## Male (Long Course)

	<b>10-12</b> <i>(2012/14)</i>	<b>13-14</b> <i>(2010/11)</i>	<b>15-16</b> <i>(2008/09)</i>	<b>17+</b> <i>(2007+)</i>
<b>50 Free</b>	36.80	34.20	31	30
<b>100 Free</b>	1:21	1:12	1:08.50	1:05
<b>200 Free</b>	3:00	2:42	2:30	2:27.50
<b>400 Free</b>	6:00	5:40	5:28.50	5:21.50
<b>50 Back</b>	N/A	N/A	36.5	35.5
<b>100 Back</b>	1:35	1:22.50	1:18.50	1:15.50
<b>200 Back</b>	3:25	3:10.50	2:55.50	2:52.50
<b>50 Breast</b>	N/A	N/A	38.50	37.50
<b>100 Breast</b>	1:48	1:38.50	1:35.50	1:32.50
<b>200 Breast</b>	4:00	3:40.50	3:25.50	3:20.50
<b>50 Fly</b>	N/A	N/A	34.50	33.50
<b>100 Fly</b>	1:45.50	1:32.50	1:28.50	1:26.50
<b>200 Fly</b>	3:40	3:28.50	3:10.50	3:05.50
<b>200 IM</b>	3:25	3:12.50	2:58.50	2:50.50

<b>VENUE</b>	UL Sport Arena, University of Limerick, Castletroy, Limerick, V94 XT66
<b>DATE</b>	Saturday 9 March 2024
<b>SESSION TIMES</b>	Session One: Warm-up 12:00   Competition 13:00 Session Two: Warm-up 15:30   Competition 16:30
<b>FACILITIES</b>	10 lane, 50m pool with electronic timing and with anti-turbulence lane ropes. There will be no swim down facility available during the meet.
<b>AGE GROUP BANDS</b>	Male 10-12yrs, 13-14yrs, 15-16yrs, 17yrs & over Female 10-12yrs, 13-14yrs, 15-16yrs, 17yrs & over
<b>AGE</b>	The age of the competitors will be taken as at 31 December 2024.
<b>EVENTS</b>	<p>All events will be heat declared winner (HDW). The events are detailed in the programme and will be seeded based on times submitted.</p> <p>The 400m freestyle is open to athletes without a Summer National qualifying standard only. 50m backstroke, 50m breaststroke and 50m butterfly are for 15 and over only.</p> <p><b>Note:</b> Athletes aged 10-11 years may enter. Where race heats are limited, preference will be given to athletes aged 12+.</p>
<b>AWARDS</b>	Medals will be awarded to the first three places in each age group.
<b>ENTRIES</b>	<p>Open to athletes registered to Swim Ireland. Entries must be equal or faster than the published consideration times. Entries outside these limits, NT's or training times will be rejected. Entry times must be official and may be verified on the National Database. Times may be fastest long course time or converted short course times.</p> <p>Entries by Hy-tec only to <a href="mailto:galwaysccompetitionsecretary@gmail.com">galwaysccompetitionsecretary@gmail.com</a> by midnight on Friday 23 February 2024</p>
<b>ENTRY FEES</b>	<p>€8 per event entry. <b>Full payment must accompany entries.</b></p> <p>BANK TRANSFERS TO: Galway Swimming Club IBAN: IE06AIBK93740107769027 BIC: AIBKIE2D</p>
<b>CLOSING DATE</b>	<b>Midnight on Friday 23 February 2024.</b> Late entries will not be accepted.
<b>WITHDRAWALS</b>	<p>No refund for entry fees will be made for withdrawals after Friday 23 February 2024, unless supported with a doctor's note. Where a medical withdrawal is necessary, the note will be accepted until <b>midday on Friday 8 March 2024.</b> Withdrawals after this time will not be considered for refunds. No refunds will be given other than on medical grounds.</p>
<b>QUERIES</b>	By email only to <a href="mailto:galwaysccompetitionsecretary@gmail.com">galwaysccompetitionsecretary@gmail.com</a>