

	Regional Competitions	National Competitions	Away and International	Regional Programme	Regional Dates
SEPT					
7-8					Connacht Delegate's Meeting Monday 9 September
14-15					
21-22	Official's Day – closed weekend for all competitions			RDP2 Coaching Day 1 (Sunday 22)	Hytek Workshop Sunday 22 September
28-29	Future Challenger Meet 1 (Westport, Shark)	L2			
OCT					
5-6+11-18	Future Challenger Meet 1 (Athlone)	L2		RDP1 Coaching Day 1 (Saturday 5) RSA Coaching Day 1 (Sunday 6)	
12-13	Aspiring SC Champions, Castlebar	L3			
19-20			World Aquatics World Cup (Shanghai)		
26-27	Club Invitational (200/400/9-14yrs) Galway SC	L2	World Aquatics World Cup (Incheon)	RDP2 Camp 2 (26-28th)	
NOV					
2-3	Club Invitational Longford SC	L2	World Aquatics World Cup (Kallang)	RDP1 Coaching Day 2 (Sunday 3)	
9-10	Swim Ireland Awards Evening – closed weekend for all competitions				
16-17			BUCS Championships (25m) (Sheffield)		
23-24	Regional SC Championships, Castlebar	L4	Irish Masters Short Course Championships, Dublin		Qualification for Irish National Winter Championships closes 24/11/24
DEC					
30-1	Future Challenger Meet 2 (Ballina, Trident, Laser)	L2			
7-8			Swim Ireland Christmas Cracker Competition (Dublin)	RSA Coaching Day 2 (Sunday 8)	
14-15		Irish National Winter Championships, Dublin, 13-15th	World Aquatics Championships (Budapest)		
21-22	Connacht Christmas Cracker, 25m, Teams SC	L1			
28-29					
JAN					
4-5				RDP2 Coaching Day 3 (Sunday 5)	
11-12				RDP1 Coaching Day 3 (Saturday 11) RSA Coaching Day 3 (Sunday 12)	
18-19		Gerry Ryan Open	L4 Flanders Cup (Antwerp)		
25-26		Leinster Open/Ulster Open	L4		Qualification for McCullagh International CLOSES 27/01/25
FEB					
1-2		Regional Minor Schools Champs, Castlebar Regional Foster Schools Champs			
8-9					Connacht Annual Conference Thursday 13 February
15-16	Future Challenger Meet 3 (Castlebar, Bluefin, Longford)	L2	BUCS Championships (50m) (Sheffield)		
22-23		McCullagh International (Bangor), 21- 23rd	L3		
MAR					
1-2					
8-9		Connacht Open, 9th	L4 Irish Masters Long Course Championships, UL	RDP1+2 Offshore Meet (TBC)	
15-16			Edinburgh International Swim Meet		Qualification for Irish Open Championships CLOSES 17/03/25
22-23		Irish Senior Schools Relays & Interpro (Dublin) 20m, 23rd			
29-30	Aspiring LC Champions, Limerick	L3 Irish Minor Schools (Dublin) 25m, 30th			
APR					
5-6	Future Challenger Meet 4 (Sligo, Galway, Comans)	L2			
12-13		Irish Open Championships (Dublin), 12-13th	L3	RSA Inter-Provincial Meet	
19-20					
26-27	Club Invitational, 27 Athlone SC and Claremorris SC	L3			
MAY					
3-4	Club Invitational, 3-4 Athlone SC and Claremorris SC	L2			Regional Age Group & Senior LC Championships Window OPENS on 14/05/25
10-11	Club Invitational, 11 Castlebar SC	L3			
17-18	Regional Senior LC Championships, NAC, 16-18th	L4			
24-25	Regional Age Group LC Championships, UL, 23-25th	L4			
JUNE					
31-1					Regional Age Group & Senior LC Championships Window CLOSES on 14/06/25
7-8	Forest Feast Aquasprint Final, Castlebar, 7th	L1			Qualification for Irish Summer National Championships CLOSES on 09/06/25
14-15	Regional Swim Festival, Longford	L2			
21-22			Sette Colli (Rome)		
28-29					
JULY					
5-6			European Aquatics Junior Championships		
12-13		Irish Summer National Age Group Championships (Limerick), 10-13	L4		
19-20			World University Games (Rhine Ruhr)		
26-27		Irish Summer National Youth & Senior Champs (Dublin), 23-27	L4 World Aquatics Championships (50m) European Aquatics Under 23 Championships		

V13 NOV 24

FUTURE CHALLENGER SERIES: 10-12 years events set by NPPM

REGIONAL ASPIRING CHAMPIONSHIPS SERIES: 13+ events set by NPPM

Club Invitational / Open Meet

REGIONAL SWIM FESTIVAL: athletes not qualified for ISN

REGIONAL CHAMPIONSHIPS: male 16 under 17y+ / female 15 under 16y+

NATIONAL MEETS AND CHAMPIONSHIPS: male 13-16, 17+ female 13-15, 16+

MINOR and SENIOR SCHOOLS

FOREST FEAST AQUASPRINT LEAGUE

AGE NOTES

Irish Summer Nationals: AG: 12,13,14 SNR: 15,16,17+

Irish Open Championships: male 13-16, 17/18, 19+ female 13-15,16/17, 18+