

Connacht Club Short Course Records

Junior Records				
FEMALE (up to 17th birthday)				
Event	Time	Achieved	Record Holder(s)	Club
50m Freestyle	26.69	07-Dec-14	Gabriella Weaver (ASA South West Region Championships)	Trident
100m Freestyle	56.38	02-Dec-16	Niamh Kilgallen (2016 Irish SC Championships)	Claremorris
200m Freestyle	2:02.40	29-Oct-16	Niamh Kilgallen (2016 Connacht SC Championships)	Claremorris
400m Freestyle	4:23.80 [Ⓜ]	01-Jan-09	Tara Dunne	Ballina Dolphins
800m Freestyle	9:02.13	10-May-08	Tara Dunne	Ballina Dolphins
1500m Freestyle	17:20.13	14-Dec-18	Jessica Gannon (2018 Irish SC Championships)	Comans
50m Backstroke	29.62	09-Nov-14	Kate Kavanagh at Irish Youth/Open Championships [Ⓜ]	Galway
100m Backstroke	1:04.39 [Ⓜ]	23-Mar-24	Katie Kelly (Interpro 2024)	Shark SC
200m Backstroke	2:15.29	10-Oct-99	Niamh Cawley (Sheffield)	Claremorris
50m Breaststroke	32.37	13-Dec-14	Niamh Kilgallen (2014 Irish SC Championships)	Claremorris
100m Breaststroke	1:09.51	13-Apr-25	Niamh Connery (2024 Irish National Winter Championships)	Shark
200m Breaststroke	2:31.39	16-Apr-25	Niamh Connery (2024 Irish National Winter Championships)	Shark
50m Butterfly	27.89	06-Dec-15	Niamh Kilgallen (2015 Irish SC Championships)	Claremorris
100m Butterfly	1:02.96	12-Dec-14	Sarah Kelly (2014 Irish SC Championships)	Claremorris
200m Butterfly	2:20.32	20-Dec-15	Aoife Shorten (Cranny Christmas Festival)	Galway
100m Individual Medley	1:03.77	05-Dec-15	Niamh Kilgallen (2015 Irish SC Championships)	Shark
200m Individual Medley	2:18.55	29-Oct-16	Niamh Kilgallen (2016 Connacht SC Championships)	Shark
400m Individual Medley	4:52.58	04-Dec-15	Aoife Shorten (2015 Irish SC Championships)	Galway

Senior Records				
FEMALE				
Event	Time	Achieved	Record Holder(s)	Club
50m Freestyle	26.25	04-Dec-15	Niamh Kilgallen (2015 Irish SC Championships)	Claremorris
100m Freestyle	56.38	02-Dec-16	Niamh Kilgallen (2016 Irish SC Championships)	Claremorris
200m Freestyle	2:02.40	29-Oct-16	Niamh Kilgallen (2016 Connacht SC Championships)	Claremorris
400m Freestyle	4:27.29	05-Feb-10	Tara Dunne	Ballina Dolphins
800m Freestyle	9:09.18	05-Feb-10	Tara Dunne	Ballina Dolphins
1500m Freestyle	17:20.13	14-Dec-18	Jessica Gannon (2018 Irish SC Championships)	Comans
50m Backstroke	29.62	09-Nov-14	Kate Kavanagh (Leinster SC Championships)	Galway
100m Backstroke	1:03.04 [Ⓜ]	12-Dec-18	Kate Kavanagh (2018 Irish SC Championships)	Galway
200m Backstroke	2:15.29	10-Oct-99	Niamh Cawley (Sheffield)	Claremorris
50m Breaststroke	32.05	18-Nov-06	Ciara Farrell (Sheffield)	Athlone
100m Breaststroke	2:31.39	16-Apr-25	Niamh Connery (2025 Irish Open Championships)	Shark
200m Breaststroke	28.46	16-Apr-25	Katie Kelly (2025 Irish Open Championships)	Claremorris
50m Butterfly	27.89	06-Dec-15	Niamh Kilgallen (2015 Irish SC Championships)	Claremorris
100m Butterfly	1:01:02.55	15-Dec-24	Katie Kelly (Irish Winter Championships 2024)	Shark
200m Butterfly	2:15.53	20-Dec-14	Sarah Kelly (2014 Irish SC Championships)	Claremorris
100m Individual Medley	1:03.77	05-Dec-15	Niamh Kilgallen (2015 Irish SC Championships)	Claremorris
200m Individual Medley	2:11.13	14-Dec-17	Niamh Kilgallen (2017 Connacht SC Championships)	Claremorris
400m Individual Medley	4:52.58	04-Dec-15	Aoife Shorten (2015 Irish SC Championships)	Galway

Junior Relay Records				
Event	Time	Achieved	Record Holder(s)	Club
Female 4x50m Freestyle Team Relay	1:50.72	18-Dec-13	K Finn, A McFarland, K Kavanagh, R Keogh	Galway
Male 4x50m Freestyle Team Relay	1:37.87	13-Dec-24	A Weafer, L Maguire, J Lannon, K Kelly	Longford
Mixed 4x50m Freestyle Team Relay	1:40.13	15-Dec-17	R Powell, A Carey, R Lowe, E Flaherty	Athlone
Female 4x100m Freestyle Team Relay	4:01.86	22-Jul-04	K Varley, E Porter, L Byrne, D Ryan	Galway
Male 4x100m Freestyle Team Relay	3:35.50	18-Dec-11	C Duffy D O'Sullivan, C Smyth, K McGlade	Galway
Mixed 4x100m Freestyle Team Relay				
Female 4x200m Freestyle Team Relay				
Male 4x200m Freestyle Team Relay	8:10.40 [Ⓜ]	18-Jul-11 [Ⓜ]	K Mc Glade, C Duffy, J Keogh, C Smyth	Galway
Mixed 4x200m Freestyle Team Relay				
Female 4x50 Medley Team Relay	2:00:50	16-Dec-23	O Currie; N Connery; K Kelly; B Kenny	Shark SC
Male 4x50 Medley Team Relay	1:47.98	18-Dec-13	R Powell, B Scully, F Lennon, A Carney	Athlone
Mixed 4x50 Medley Team Relay	1:54.35	15-Dec-17	D Farrell, E O'Hara, C McDaid, P Mooney	Sligo
Female 4x100m Medley Team Relay	4:34.26 [Ⓜ]	15-Dec-12	K Finn K Walsh, R Keogh A McFarland	
Male 4x100m Medley Team Relay	4:02.72 [Ⓜ]	18-Dec-11	C Duffy, D O'Sullivan, C Smyth, K McGlade	Galway
Mixed 4x100m Medley Team Relay				

MALE (up to 19th birthday)			
Time	Achieved	Record Holder(s)	Club
22.99	04-Dec-15	Gerry Quinn (2015 Irish SC Championships)	Longford
49.13	03-Dec-16	Gerry Quinn (2016 Irish SC Championships)	Longford
1:47.30	02-Dec-16	Gerry Quinn (2016 Irish SC Championships)	Longford
3:51.06	08-Dec-24	Cormac Rynn (2024 Scottish National SC Championships)	Trident
8:04.33	12-Dec-14	Brendan Gibbons (2014 Irish SC Championships)	Athlone
15:19.99	12-Dec-14	Brendan Gibbons (2014 Irish SC Championships)	Athlone
25.25	17-Dec-22	John Shortt (2022 Irish Winter Nationals)	Bluefin
54.43	09-Dec-23	John Shortt (2023 Irish Winter Nationals)	Bluefin
1:51.60	15-Dec-24	John Shortt (2024 Irish Winter Nationals)	Bluefin
29.18	01-Dec-11	Nicholas Quinn (European SC Championships)	Castlebar
1:02.32	28-Jan-11	Nicholas Quinn (Irish Senior School Championships)	Castlebar
2:15.62	01-Dec-11	Nicholas Quinn (European SC Championships)	Castlebar
25.33	14-Dec-24	Eoghan Rynn (2024 Irish Winter Championships)	Trident
55.35	12-Dec-14	David O'Sullivan (2013 Irish SC Championships)	Galway
2:01.36	24-Nov-12	Cian Duffy (European SC Championships)	Galway
56.5	04-Dec-15	Gerry Quinn (2015 Irish SC Championships)	Longford
2:03.46 [Ⓜ]	30-Nov-12	Cian Duffy (2012 Irish SC Championships)	Galway
4:25.78 [Ⓜ]	12-Dec-14 [Ⓜ]	Andrew Moore (2014 Irish SC Championships)	Galway

MALE			
Time	Achieved	Record Holder(s)	Club
22.51 [Ⓜ]	06-Dec-18	Robert Powell (2018 Irish SC Championships)	Athlone
49.13	03-Dec-16	Gerry Quinn (2016 Irish SC Championships)	Longford
1:46.65	14-Dec-24	Cormac Rynn (2024 Irish Winter Championships)	Trident
3:48.06	15-Dec-24	Cormac Rynn (2024 Irish Winter Championships)	Trident
8:04.33	12-Dec-14	Brendan Gibbons (2014 Irish SC Championships)	Athlone
15:19.99	12-Dec-14	Brendan Gibbons (2014 Irish SC Championships)	Athlone
25.25	17-Dec-22	John Shortt (2022 Irish Winter Nationals)	Bluefin
54.43	17-Dec-22	John Shortt (2022 Irish Winter Nationals)	Bluefin
1:51.60	15-Dec-24	John Shortt (2024 Irish Winter Nationals)	Bluefin
27.81	06-Dec-18	Andrew Moore (2018 Irish SC Championships)	Tuam
1:01.03	01-Dec-12	Nicholas Quinn (Scottish Nationals)	Castlebar
2:11.45	01-Dec-13	Nicholas Quinn (Sheffield SC)	Castlebar
25.14	14-Dec-18	Cillian Melly (2018 Irish SC Championships)	Castlebar
54.12 [Ⓜ]	06-Dec-18 [Ⓜ]	Cillian Melly (2018 Irish SC Championships)	Castlebar
1:58.28	14-Dec-18	Cillian Melly (2018 Irish SC Championships)	Castlebar
55.31	06-Dec-18	Andrew Moore (2018 Irish SC Championships)	Tuam
2:01.78	06-Dec-18	Cillian Melly (2018 Irish SC Championships)	Castlebar
4:17.82	06-Dec-19	Cillian Melly (2018 Irish SC Championships)	Castlebar

Senior Relay Records			
Time	Achieved	Record Holder(s)	Club
1:49.16	01-Dec-13	K Finn, A McFarland, K Walsh, R Keogh	Galway
1:36.85	01-Mar-25	É Kennedy, P Grimes, J Van de Beek, D Coll	UoG
1:40.13	15-Dec-17	R Powell, A Carey, R Lowe, E Flaherty	Athlone
3:57.54	18-Dec-13	R Keogh, K Finn, A McFarland, K Walsh	Galway
3:27.83	10-Dec-11	A Moore, C. Duffy, D O'Sullivan, K Mc Glade	Galway
8:44.30	18-Nov-10	D Ryan, C Naughton, R Keogh, S McGrath	Galway
8:00.96 [Ⓜ]	18-Nov-10	C Duffy, K McGlade, D O'Sullivan, J Keogh	Galway
2:00:50	16-Dec-23	O Currie; N Connery; K Kelly; B Kenny	Shark SC
1:46.59	17-Dec-22	J Shortt, J Van de Beek, R Pfeiffer, E Lourens	Bluefin
1:54.35	25-Nov-12	D Farrell, E O'Hara, C McDaid, P Mooney	Sligo
4:16.57	24-Jul-25	K Kelly, N Connery, K Banks, E Dickson	Shark
3:54.07	18-Dec-13	C Duffy, A Moore, D O'Sullivan, K Mc Glade	Galway

Connacht Club Long Course Records

Junior Records				
FEMALE (up to 17th birthday)				
Event	Time	Achieved	Record Holder(s)	Club
50m Freestyle	26.35	25-Jun-15	Gabriella Weaver (Scottish National Open Championships)	Trident
100m Freestyle	57.78	04-Mar-16	Niamh Kilgallen at Dave McCullagh Memorial Meet	Claremorris
200m Freestyle	2:06.35	21-Jul-11	Tara Dunne Irish Youths Champs	Ballina Dolphins
400m Freestyle	4:27.99	16-Apr-09	Tara Dunne Irish LC Champs	Ballina Dolphins
800m Freestyle	9:09.18	05-Feb-10	Tara Dunne Dave McCullagh	Ballina Dolphins
1500m Freestyle	17:49.11	16-Feb-18	Jessica Gannon (McCullagh International Meet)	Comans
50m Backstroke	30.1	18-Jul-14	Kate Kavanagh at Irish Youth/Open Championships	Galway
100m Backstroke	1:04.92	30-Apr-15	Kate Kavanagh at Irish LC Championships	Galway
200m Backstroke	2:19.45	06-Feb-09	Tara Dunne France	Ballina Dolphins
50m Breaststroke	33.11	24-Apr-14	Niamh Kilgallen LC Nationals	Claremorris
100m Breaststroke	1:10.12	13-Apr-25	Niamh Connery (2025 Irish Open Championships)	Shark
200m Breaststroke	2:31.39	16-Apr-25	Niamh Connery (2025 Irish Open Championships)	Shark
50m Butterfly	28.77	04-Mar-16	Niamh Kilgallen at Dave McCullagh Memorial Meet	Claremorris
100m Butterfly	1:02.56	08-May-16	Niamh Kilgallen Schools Interpro	Claremorris
200m Butterfly	2:18.39	27-Apr-12	Sarah Kelly Dave McCullagh	Comans
200m Individual Medley	2:20.91	13-04-25	Niamh Connery (2025 Irish Open Championships)	Shark
400m Individual Medley	5:03.69	15-Mar-25	Niamh Connery (Edinburgh International 2025)	Shark

Senior Records				
FEMALE				
Event	Time	Achieved	Record Holder(s)	Club
50m Freestyle	26.35	25-Jun-15	Gabriella Weaver (Scottish National Open Championships)	Trident
100m Freestyle	57.29	04-Apr-18	Niamh Kilgallen (2018 Irish Open Championships)	Claremorris
200m Freestyle	2:05.49	20-Mar-12	Dairne Ryan France	Galway
400m Freestyle	4:27.29	05-Feb-10	Tara Dunne (Dave McCullagh Memorial Meet)	Ballina Dolphins
800m Freestyle	9:09.18	05-Feb-10	Tara Dunne (Dave McCullagh Memorial Meet)	Ballina Dolphins
1500m Freestyle	17:49.11	16-Feb-18	Jessica Gannon (McCullagh International Meet)	Comans
50m Backstroke	29.26	27-Mar-19	Kate Kavanagh at Irish Open Swimming Championships	Galway
100m Backstroke	1:04.92	30-Apr-15	Kate Kavanagh at Irish LC Championships	Galway
200m Backstroke	2:19.45	06-Feb-09	Tara Dunne France	Ballina Dolphins
50m Breaststroke	32.69	28-Mar-07	Ciara Farrell World Champs Australia	Athlone
100m Breaststroke	1:10.12	13-Apr-25	Niamh Connery (2025 Irish Open Championships)	Shark
200m Breaststroke	2:31.39	16-Apr-25	Niamh Connery (2025 Irish Open Championships)	Shark
50m Butterfly	28.46	16-Apr-25	Katie Kelly (2025 Irish Open Championships)	Shark
100m Butterfly	1:02.26	28-Apr-16	Sarah Kelly at Irish Open Swimming Championships	Galway
200m Butterfly	2:18.27	06-Apr-17	Sarah Kelly at Irish Open Swimming Championships	Galway
200m Individual Medley	2:16.77	04-Apr-18	Niamh Kilgallen (2018 Irish Open Championships)	Clarenorris
400m Individual Medley	5:02.84	04-Mar-16	Aoife Shorten (Dave McCullagh Memorial Meet)	Galway

Junior Relay Records				
Event	Time	Achieved	Record Holder(s)	Club
Female 4x50m Freestyle Team Relay	1:55.74	20-Jul-11	K Finn, K McKnight, K Walsh R Keogh	Galway
Male 4x50m Freestyle Team Relay	1:38.49	16-Jul-16	M Wilson B O'Farrell C Aston A Moore	Galway
Mixed 4x50m Freestyle Team Relay	1:47.39	18-Jan-2025	E. Rynn, C. Lanigan, M. Mulvey, G. Quinn	Trident
Female 4x100m Freestyle Team Relay	4:07.38	18-Jul-13	K Walsh, K Finn, A McFarland, R Keogh	Galway
Male 4x100m Freestyle Team Relay	3:35.46	19-Jul-17	R Powell B Scully F Lennon A Carey	Athlone
Mixed 4x100m Freestyle Team Relay	4:18.38	24-Jul-24	L Connell, C O'Brien, K Fagan, J Ryan	Athlone
Female 4x200m Freestyle Team Relay	8:52.26	19-Jul-13	K. Kavanagh, R. Keogh, K.Finn, K.Walsh	Galway
Male 4x200m Freestyle Team Relay	7:58.11	19-Jul-17	R Powell, B Scully, F Lennon, A Carney	Athlone
Mixed 4x200m Freestyle Team Relay	7:58.11	19-Jul-17	R Powell, B Scully, F Lennon, A Carney	Athlone
Female 4x50 Medley Team Relay	2:05.97	23-Mar-07	Athlone	Athlone
Male 4x50 Medley Team Relay	1:49.80	16-Jul-16	M Wilson, B O'Farrell, C Aston, A Moore	Galway
Mixed 4x50 Medley Team Relay	2:00.95	19-Jan-2025	E. Rynn, C. Lanigan, M. Mulvey, G. Quinn	Trident
Female 4x100m Medley Team Relay	4:33.17	20-Jul-13	K.Kavanagh, K. Finn, K. Walsh, R.Keogh	Galway
Male 4x100m Medley Team Relay	3:59.04	02-Mar-12	C. Duffy, D. O'Sullivan, K. Mc Glade	Galway
Mixed 4x100m Medley Team Relay	4:22.82	21-Feb-25	I Lehany McGoldrick, J Warchol, J Lannon, K Kelly	Longford

MALE (up to 19th birthday)			
Time	Achieved	Record Holder(s)	Club
23.26	04-Apr-18	Robert Powell (2018 Irish Open Championships)	Athlone
50	06-Jul-16	Gerry Quinn (European Junior Championships 2016)	Longford
1:50.13	24-May-24	Cormac Rynn (Irish Open 2024)	Trident
3:54.66	24-May-24	Cormac Rynn (Irish Open 2024)	Trident
8:20.99	24-Apr-14	Brendan Gibbons (2014 Irish Summer Nationals)	Athlone
15:52.96	10-Jul-13	Brendan Gibbons (European Junior Championships)	Athlone
25.25	06-Jul-23	John Shortt (2023 Irish Open Championships)	Bluefin
55.26	06-Jul-23	John Shortt (2023 Irish Open)	Bluefin
1:56.61	14-Apr-25	John Shortt (2025 Irish Open Championships)	Bluefin
28.75	16-Apr-25	Christian O'Brien (2025 Irish Open Championships)	Athlone
1:02.88	25-Apr-13	Nicholas Quinn (2013 Irish Summer Nationals)	Castlebar
2:16.68	25-Apr-13	Nicholas Quinn (2013 Irish Summer Nationals)	Castlebar
25.19	06-Apr-17	Robert Powell (2017 Irish Open Championships)	Athlone
55.65	24-Apr-14	David O'Sullivan (2014 Irish Summer Nationals)	Galway
2:03.05	11-Jul-13	David O'Sullivan (European Junior Championships)	Galway
2:06.62	15-Jul-15	Gerry Quinn (2015 Irish Summer Nationals)	Longford
4:32.82	06-Mar-15	Andrew Moore (McCullagh)	Galway

MALE			
Time	Achieved	Record Holder(s)	Club
23.01	27-Mar-19	Robert Powell (2019 Irish Open Championships)	Athlone
50	06-Jul-16	Gerry Quinn (European Junior Championships 2016)	Longford
1:49.65	27-Mar-19	Robert Powell (2019 Irish Open Championships)	Athlone
3:53.57	27-Jun-25	Cormac Rynn (2025 European U23 Championships)	Trident
8:17.79	30-Apr-15	Brendan Gibbons 2015 Irish Open Championships)	Athlone
15:47.86	30-Jul-14	Brendan Gibbons Portuguese Open	Athlone
25.25	06-Jul-23	John Shortt (2023 Irish Open)	Bluefin
55.26	06-Jul-23	John Shortt (2023 Irish Open)	Bluefin
1:56.61	14-Apr-25	John Shortt (2025 Irish Open Championships)	Bluefin
27.44	06-Apr-17	Darragh Greene (2018 Irish Open Swimming Championships)	Longford
1:01.29	06-Aug-16	Nicholas Quinn at 2016 Olympic Games	Castlebar
2:13.04	04-Jul-15	Nicholas Quinn at World University Games 2015	Castlebar
25.19	06-Apr-17	Robert Powell at Irish Open Swimming Championships	Athlone
54.17	27-Mar-19	Cillian Melly at (2019 Irish Open Championships)	Castlebar
1:59.49	27-Mar-19	Cillian Melly at (2019 Irish Open Championships)	Castlebar
2:03.84	27-Mar-19	Cillian Melly at (2019 Irish Open Championships)	Castlebar
4:24.27	26-Jul-19	Cillian Melly at (2019 Irish Summer Nationals)	Castlebar

Senior Relay Records			
Time	Achieved	Record Holder(s)	Club
1:51.31	16-Jul-16	K Kavnagh A Shorten S Moran K Mulhall	Galway
1:37.89	16-Jul-16	R Powell, F Lennon B Scully, B Gibbons	Athlone
1:43.57	16-Jul-16	A. Moore, K. Mulhall, K. Kavanagh, M. Wilson	Galway
3:57.54	23-Jul-09	R. Keogh, K. Finn, A. MC Farland, K. Walsh	Galway
3:34.96	16-Jul-16	R. Powell, F. Lennon, B. Scully, B. Gibbons	Athlone
3:49.58	17-Jan-25	E. Rynn, C. Rynn, C. Doherty, G. Quinn	Trident
7:52.67	13-Jul-12	D. O'Sullivan, C. Duffy, B. O'Sullivan, A. Moore	Galway
2:05.93	16-Jul-16	K Kavanagh A Shorten S Moran K Mulhall	Galway
1:49.80	16-Jul-16	M Wilson B O'Farrell C Aston A Moore	Galway
1:55.23	16-Jul-16	M. Wilson, A. Moore, A. Shorten, K. Kavanagh	Galway
4:28.43	20-Jul-15	K. Kavanagh, K. Walsh, K. Finn, D. Ryan	Galway
3:58.45	15-Jul-15	C. Duffy, A. Moore,, K. Mc Glade M Wilson	Galway
4:16.57	24-Jul-25	K Kelly, N Connery, K Banks, E Dickson	Shark