

Swim Ireland Connacht Open 2026

UL Sport Arena, University of Limerick

Sunday 5 April 2026

Swim Ireland Licence CO01-25/26-C018

Entry details for the Swim Ireland Connacht Open 2026 (Licence Level 3).

This meet is open to swimmers registered with clubs in all regions.

Venue	UL Sport Arena, Limerick, V94 XT66		
Host	Swim Ireland Connacht		
Format	Long Course (50m), 10 lane with electronic timing		
Session Times and Events	<p>Sunday 5 April 2026</p> <table border="0"> <tr> <td> <p>Session 1: Warm-up 0800; Start 0900</p> <ol style="list-style-type: none"> 1. Female 200 Individual Medley 2. Open 200 Individual Medley 3. Female 50 Butterfly 4. Open 50 Butterfly 5. Female 200 Freestyle 6. Open 200 Freestyle 7. Female 100 Breaststroke 8. Open 100 Breaststroke 9. Female 100 Backstroke 10. Open 100 Backstroke 11. Female 200 Butterfly </td> <td> <p>Session 2: Warm-up 1315; Start 1415</p> <ol style="list-style-type: none"> 12. Open 200 Butterfly 13. Female 50 Freestyle 14. Open 50 Freestyle 15. Open 200 Breaststroke 16. Female 200 Breaststroke 17. Open 50 Backstroke 18. Female 50 Backstroke 19. Open 100 Butterfly 20. Female 100 Butterfly 21. Open 200 Backstroke 22. Female 200 Backstroke 23. Open 50 Breaststroke 24. Female 50 Breaststroke 25. Open 100 Freestyle 26. Female 100 Freestyle </td> </tr> </table> <p>All events are Heat Declared Winner (HDW). Session times are subject to change.</p>	<p>Session 1: Warm-up 0800; Start 0900</p> <ol style="list-style-type: none"> 1. Female 200 Individual Medley 2. Open 200 Individual Medley 3. Female 50 Butterfly 4. Open 50 Butterfly 5. Female 200 Freestyle 6. Open 200 Freestyle 7. Female 100 Breaststroke 8. Open 100 Breaststroke 9. Female 100 Backstroke 10. Open 100 Backstroke 11. Female 200 Butterfly 	<p>Session 2: Warm-up 1315; Start 1415</p> <ol style="list-style-type: none"> 12. Open 200 Butterfly 13. Female 50 Freestyle 14. Open 50 Freestyle 15. Open 200 Breaststroke 16. Female 200 Breaststroke 17. Open 50 Backstroke 18. Female 50 Backstroke 19. Open 100 Butterfly 20. Female 100 Butterfly 21. Open 200 Backstroke 22. Female 200 Backstroke 23. Open 50 Breaststroke 24. Female 50 Breaststroke 25. Open 100 Freestyle 26. Female 100 Freestyle
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Eligibility and Age Bands	<p>All athletes must be registered members of a Swim Ireland affiliated club at the time of entry.</p> <p>10-12yrs, 13-14yrs, 15-16yrs and 17yrs+</p> <p>Swimmers aged 10 and 11 years can enter the 50m and 100m events only</p> <p>Relay swimmers must be competing in individual events in this competition. Mixed relay events must comprise of two open and two female swimmers.</p> <p>Age as 31 December 2026.</p>		
Entries	<p>Individual and relay entries on Hytek only by email to connachtentries@swimireland.ie</p> <p>All entries must be submitted with a payment statement that reflects the total amount due. No changes will be accepted on the day. Modifications are at the meet director's discretion.</p> <p>In the event that the meet is oversubscribed, travelling clubs will be accepted first, and the remaining entries accepted on a 'fastest to slowest time' basis with age consideration.</p> <p>Accepted entries will be published no later than Wednesday 25 March 2026.</p>		

Closing Date	Monday 23 March 2026 (strictly no late entries)
Fees & Payments	<p>€8 per Individual Event; €25 per Relay Team</p> <p>Proof of payment required with entries. Entries will NOT be processed without full payment.</p> <p>Account Name: Swim Ireland Connacht IBAN: IE60AIBK93251559772477 BANK: AIBIE2D REFERENCE: CLUB NAME</p> <p>Swim Ireland Connacht reserve the right to limit entries. Fees will be refunded to the club.</p>
Withdrawals	After the closing date, entry fees will only be refunded for withdrawals supported by a doctor's note. Scratches by 3pm the day before (or otherwise as directed at the swim meet).
Awards	Medals awarded to the top three places in each event and each age-band. Future Challenger Series bands to qualifying 10-12yrs
Updates and Communication	 <p>Going paperless! To reduce paper usage, this meet will be using WhatsApp to distribute heat sheets and results. Access via Meet Mobile will also be available (charges may apply).</p>
Qualification Pathway	Times qualify athletes to the Regional LC Championships, Irish Summer National Championships and the Regional Programme.
Accreditation	Wristband accreditation will be used at this meet, max 3 per club, extra allocation may be awarded depending on numbers after entries have been submitted.
Officials	Clubs must provide volunteers for timekeeping duties. Volunteers should be trained to Level 1 Officials standard. Officials will be arranged by the region in accordance with the licence category. Officials may seek specific duties for experience, on request.
World Aquatic Rules	This competition will be run under World Aquatics rules. It is not a requirement for swimmers to wear World Aquatics approved swimwear in this competition.
Tech Suit	In accordance with the Swim Ireland Tech Suit Policy , athletes aged 10-12yrs will not be permitted to compete in a tech suit.
Transgender and non-Binary Policy	<p>In accordance to the Swim Ireland Transgender and Non-Binary Participation and Competition Policy, HERE, this competition will be conducted within relevant age specific groups and will be conducted in two categories:</p> <ol style="list-style-type: none"> 1. Female: athletes with a birth sex of female. 2. Open: athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the Female category.
Photography	NO photography will be permitted on deck, as per the Swim Ireland Competition Photography and Change Areas Briefing Note, HERE
Hydration	Please note that, as an environment-friendly measure, timekeepers/officials/coaches are encouraged to bring their own bottles.
First Aid	First Aid facilities will be provided by facility lifeguards and staff. Fire exits should be noted on arrival. In the event of fire alarm, swimmers and volunteers will take direction from the facility staff and / or Meet Director.
Data Protection	Swim Ireland Connacht and its affiliated clubs use a software database to manage entries, results and swimmer competition records. By submitting and accepting entries, consent is granted, under the requirements of the Data Protection Act, for the storage and processing of personal information within these databases. The personal data held for each swimmer includes, name, date of birth, club affiliation, Swim Ireland registration number, entry times and achieved times. Certain elements of this data (name, club, age, entry and achieved times) may be publicly shared before, during or after the meet – for example, in programmes, result sheets or social media updates.

Future Challenger Series Award

Long Course Qualification Standards

Athletes aged 10 to 12 years-old will be awarded championship bands on achieving A or B qualification standards.

FEMALE	10yrs		11yrs		12yrs	
<i>Age as of 31 December 2026</i>	A Band	B Band	A Band	B Band	A Band	B Band
50 Butterfly	46.70	52.70	44.70	50.70	42.70	48.70
100 Butterfly	1.49.40	1.59.40	1.45.40	1.55.40	1.41.40	1.51.40
50 Backstroke	44.60	50.60	42.60	48.60	40.60	46.60
100 Backstroke	1.45.20	1.55.20	1.41.20	1.51.20	1.37.40	1.47.40
50 Breaststroke	50	57	49	55	47	53
100 Breaststroke	1.54	2.04	1.50	2.00	1.46	1.56
50 Freestyle	40.79	46.79	38.79	44.79	36.79	42.79
100 Freestyle	1.31.59	1.41.59	1.27.59	1.37.59	1.23.59	1.33.59
200 Freestyle	–	–	–	–	2.58.19	3.18.19
200 IM	–	–	–	–	3.28.19	3.48.19

MALE & OPEN	10yrs		11yrs		12yrs	
<i>Age as of 31 December 2026</i>	A Band	B Band	A Band	B Band	A Band	B Band
50 Butterfly	44.70	50.70	42.70	48.70	40.70	46.70
100 Butterfly	1.49.40	1.59.40	1.45.40	1.55.40	1.37.40	1.47.40
50 Backstroke	42.60	48.60	40.60	46.60	38.60	44.60
100 Backstroke	1.41.20	1.51.20	1.37.20	1.47.20	1.33.20	1.43.20
50 Breaststroke	49	55	47	53	45	51
100 Breaststroke	1.50	2.10	1.46	1.56	1.42	1.52
50 Freestyle	38.79	44.79	36.79	42.79	34.79	40.79
100 Freestyle	1.27.59	1.37.59	1.23.59	1.33.59	1.19.59	1.29.59
200 Freestyle	–	–	–	–	2.53.19	3.13.19
200 IM	–	–	–	–	3.23.19	3.43.19

Age as 31 December 2026