

Connacht OPEN 2026

Warm up

Three 20 min warm up slots

Session 1

1st Warm Up 08:00hrs - 08:20hrs:

**Shark - Galway - Castlebar - Celtic Waves - Clonmel
- Coromorant - Sligo**

2nd Warm Up 08:15hrs - 08:30hrs

**Claremorris - Athlone - Dolphin - Bluefin - Ballina -
Ballinasloe - Kingfisher - Carrick Fins - Kilkenny -
Drogheda - Tullamore - Swilly Seals**

3rd Warm Up 08:30hrs - 08:45hrs

**Tuam - Sundays Well - Longford - Comans - Mallow
Swans - Tipperary Tiger Sharks - Trident - Uni
Galway - Laser - St Fiaccs**